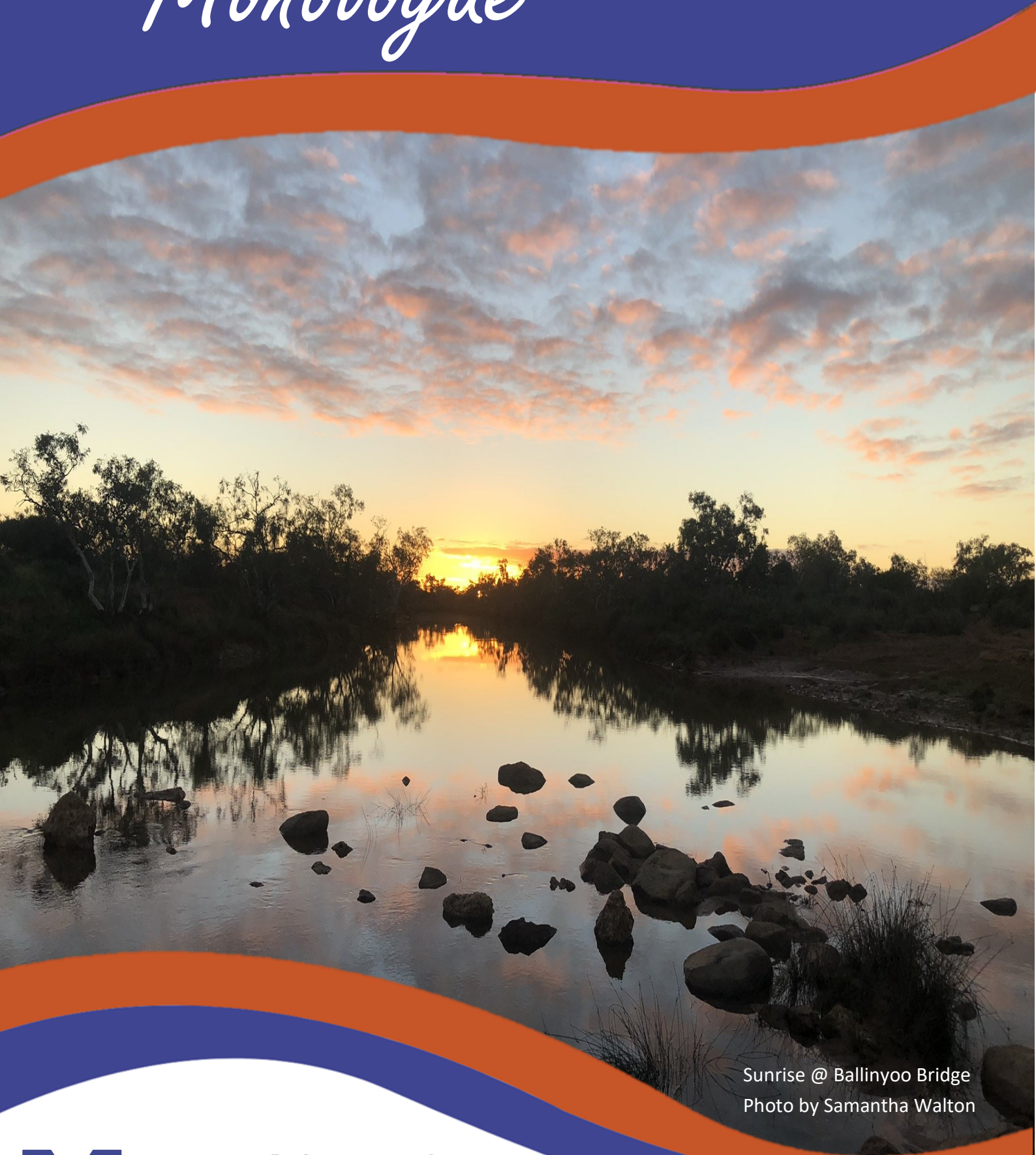


Murchison *Monologue*

VOLUME 44 | EDITION 2

August
2020



Sunrise @ Ballinyoo Bridge
Photo by Samantha Walton



murchisonshire
Ancient land under brilliant skies



murchisonshire
Ancient land under brilliant skies



Editor's Message

Hello Everyone,
Happy Spring! Don't groan too loudly at the prospect of summer ahead— you never know, it might be a wet one! If you think it sounds like I am trying to convince myself then you would be right :)

Sam has done a super job in putting the Monologue together this edition. In it you will find: Council news; Pia news, including a link to an ABC video of NAIDOC Day and photos of the tennis clinic; lots of stuff for the kids; some interesting info about a local tree and exciting news of the launch of the Murchison Georegion.

I'd especially like to congratulate Bella Pumpa for receiving 3rd prize for her poem, 'The Dust Storm', in the Randolph Snow awards last month. Awesome effort Bella, and I'm sure most of us can relate to your words!

Kind Regards

Emma

We are always looking for new content and welcome feedback.

If you have any articles, information about events or photos you wish to share with our readers, then please do not hesitate to contact us as we would love to include them.

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Free new service to Medical Chest custodians

The Royal Flying Doctor Service is always looking for new ways to extend the reach of our emergency and

community health care for patients located remotely across Western Australia.

As such we are delighted to let you know we have added video telehealth services into our Medical Chest

program, enabling you to connect visually and consult with our doctors in real-time, whenever and wherever you need us.

The Good Sam Instant-On-Scene video Telehealth service will enable RFDS doctors to assess and manage your condition from afar.

The Good Sam Telehealth service comes at no additional cost for Medical Chest custodians and is easy to use. All you need is a mobile phone, tablet or other internet-connected device with a camera and microphone. There is no need to download any apps or software.

If a video telehealth consult is required, you simply receive a text message or email from our doctor that will prompt you to enable access to your location, camera and microphone.

Your RFDS doctor will then be able to identify your exact location and you will continue to talk to the doctor on the phone as per normal, while simultaneously sharing video.

Doctors will only host video consultations with your permission and the same patient privacy and confidentiality standards that apply to face-to-face consultations will apply. Please note your telehealth video consultation with us will not be recorded.

We are excited to enhance our Medical Chest program for you and your community by integrating this new telehealth capability and look forward to any feedback you may have as we roll out this new service.

If you have any further questions as to how this service works, please do not hesitate to get in touch with our

Medical Chest coordinator Rosemarie Adams on (08) 9417 6302 or rosemarie.adams@rfdswa.com.au

Yours sincerely

James Sherriff

General Manager Health Service Delivery

RFDS Western Operations



Providing the finest care to the furthest corners of Australia. Visit us at <http://www.flyingdoctor.org.au/wa>

RFDS Western Operations respectfully acknowledges the Traditional Owners and Elders of the lands that we operate within, providing our Service to all that live, work and travel across these lands.

From the Shire

President's Desk

Hello All,

Our August Council meeting saw us pass the 2020/2021 budget. Please refer to our website <https://www.murchison.wa.gov.au/> details a couple of jobs we hope to achieve. There always seems to be a good reason to have the odd budget review during the year in local Government but we will attempt to stick to our plans as much as possible.

Council also considered its response to a report that will be a guide for the State Government who are hoping to introduce a number of local Government "reforms". It would seem that every decade or so when a State Government feels they are in a strong position politically they choose to head down a path of putting their stamp on a few aspects of local government they reckon need sorting out. Hopefully, our concerns (which echo plenty of other Shires in regional WA) are taken into account when the reform is undertaken.

The Shire will hopefully be getting a solar/diesel power system design supplied by Hybrid Power Systems (mainly designed by Steve Dart who many of you have dealt with and who Council rates highly in putting together a design for a practical and cost efficient system) within the next three months. Following a bit of checking over by the Settlement power Supply Working Group we hope to be in a position to call tenders and once someone is awarded the job actually get underway with a changeover to a better power setup.

Regards

Rosco

CEO's News

Hi all

Well how things COVID-19 have changed since the last issue. It is and will remain COVID-19, COVID-19, COVID-19.....!!

Here in WA we are blessed compared to most of the rest of Australia and specially so in Murchison. Having lived and worked in Victoria, South Australia and Tasmania on Flinders Island, Kaye and I have been in contact with many friends who are or have done it much tougher than us with many less fortunate. We always have them in our thoughts.

As we are now aware governments of all persuasions are attempting to respond to the health concerns, but also providing massive amounts of economic support across the board though employment subsidies and grants to many sectors our community. Like all local governments we received welcome news of receiving advice of a Local Community Infrastructure Grant (\$602,000) from the Federal Government and, at State Level we are able to tap into interest loans with no up-front fees and deferred payments.

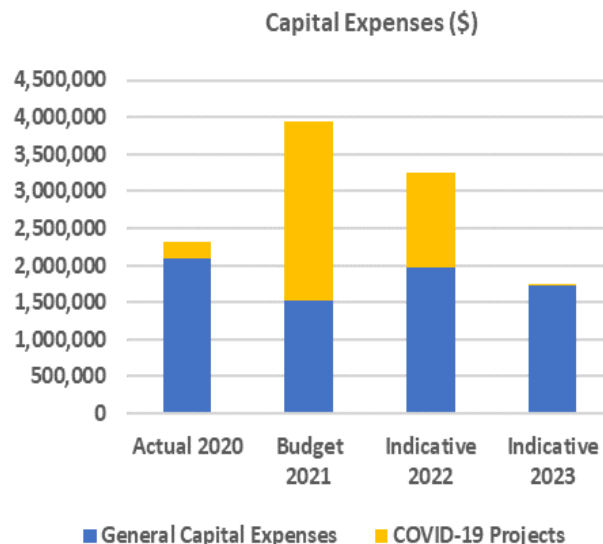
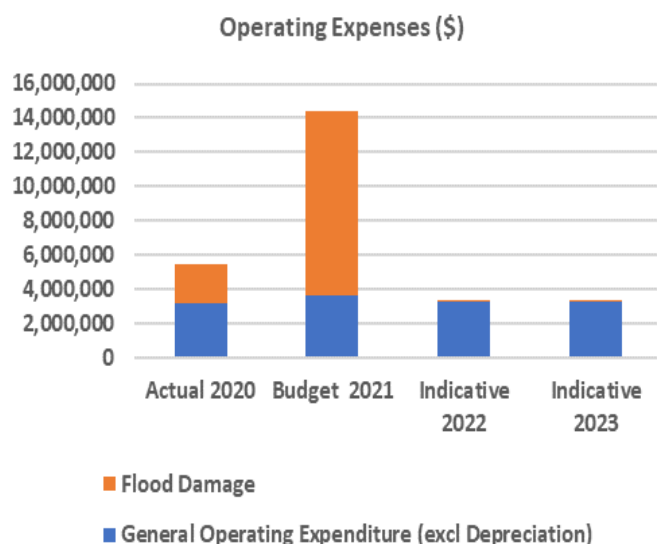
Very early in the COVID-19 the "BFO" (**B**lind **F**lash of the **O**bvious) moment hit us all as it became blindingly obvious that that not only are we all in this together but we have also a huge role to play within our operations to ensure that we also acted in a proactive manner.

In March we decided to freeze rates for 2020/21 and advance around \$250,00 in road works for the Beringarra-Pindar Road. Since then Council, has been looking at advancing projects in the roads area but also in and around the Murchison Settlement and making sure that this is done in a financially responsible manner.

After a lot of work and meetings the 2020/21 Budget hits the mark through a 3-year approach.

Sealing around 15km on the Carnarvon-Mullewa Road, providing additional works to extend flood damage repair work and potentially advancing Solar Power to the Murchison Settlement are just a few things that have been programmed.

However, we also Council aim to start to deliver a suite of



Budget overview highlighting extent of normal operations with those associated with Flood Damage and COVID-19 stimulus

long overdue projects in and around the Settlement. Extent and scope is being determined but these include (in no particular priority order) as follows:

- Transportable Classroom,
- Community Sports Centre Upgrade
- Community Swimming Pool and Splash Pad,
- New Caravan Ablution Block
- New Ensuite to Caravan Park
- General Settlement Amenity Improvements
- An interactive playground Upgrade.

An amount of \$1.55m (loan funded) has been allocated. Whilst not all projects will be achievable initially, substantial inroads are expected.

So, check the Council Website and look at the Budget Documents for further details as it's a terrific but responsible approach.



Sports club—South end looking north before the path was laid down

On a personal note Kaye and I have been here for a 12-months we remain extremely positive and are through enjoying life in Murchison and work with a very positive staff and elected members.

This is despite Kaye's recent setback health wise (broken femur and reoccurrence of breast cancer) and family wise (passing of her son).

With apologies to people of Chinese descent Kaye must killed a Chinaman (or several) with such bad luck recently but whilst down she is certainly not out. We miss her and expect her back at work. She is needed!!

That's it for now!!

Ciao

Bill Boehm



Roadworks on the Carnarvon-Mullewa Road



Rosco's Rundowns

Just in case you missed them. Following is a summary snapshot of information provided since the last Monologue issue.

March 2020

COVID 19

At the risk of stating the obvious a fair bit has changed

I have attended a few webinars organised by the WA Local Govt Association (WALGA) where, amongst other health advice, the Premier, Health Minister and Local Govt Minister have urged Councils to focus on continuity of employment for their workforce, new ways in which to utilize staff and generating activity to bring about job creation by bringing forward projects currently planned or under consideration.

Our overriding responsibility is to act to protect our citizens and community by taking practical and common sense steps to help prevent, control or abate the public health risk presented in COVID-19 by limiting its rapid spread. Council will do its best to ensure that we can function as normally as possible and deliver the required works and services to keep the local economy tracking ok.

My personal opinion is that the message for Councils to sort of "get every available dollar together and get it on the ground straight away" was a bit unwise and risky. I think our Shire can strike a reasonable balance between cranking up fairly significant shorter term spending while not leaving ourselves in a weak financial position when conditions pick up again.

General Actions

As requested by the State Government, Council agreed to freeze current rate levels for the 2020/21 year.

We really want to support our local staff who we value highly so have authorised CEO Bill to ensure that all have their sick leave provisions adjusted to recognise the difficulties that may arise over the next few months and to reinforce that all jobs are safe. This will be partly achieved through expanding our works program by bringing forward projects that can stimulate the local economy provide some lasting benefits for the community. This includes several road projects and building and hopefully works in the Murchison Settlement that have been on the books for some time.

Unfortunately, the Council Library will be closed to members of the public for now, but we are looking at a little face lift for when it reopens. Public access to the Council Office may have to be restricted due to the Coronavirus so we have authorised Bill to make changes if or when new issues arise. The Murchison Museum Committee are also closing the Museum and the usual volunteer caretakers won't be coming this year.

Reluctantly, but taking into account temporary guidelines, we have decided that for the foreseeable future Council Meetings will be conducted remotely.

Murchison Roadhouse Specifics

Council discussed various specific needs associated with the operation of the Murchison Oasis Roadhouse through the COVID-19 period given that most customer service contact outlets have all but closed.

We are appreciative of the work Nicole and Pete do and understand how potentially vulnerable they are, being in a face to face service environment.

Going forward the Murchison Oasis Caravan Park will remain closed to members of the public through the COVID-19 period but, subject to the approval of the CEO, the Caravan Park can remain for open for use by contractors that are performing works within the Murchison Shire as well as for emergency situations. The request from Nicole and Pete to vary the current opening hours in consultation with Bill has been accepted.

The first ever Ordinary Council e- Meeting using computers only. The process ran quite smoothly, and Council could deal with all agenda items satisfactorily. This will be the way we have to conduct our meetings for a while so no doubt the process will become more familiar over time. I didn't ask any of those attending but I'm fairly confident my quick wit and good sense of humour still seemed to come across well on this medium.

I have attended several COVID-19 related webinars over the past month but am not attending them all any more as the situation settles down a bit. WALGA have been providing some good support to Shires around WA and if we have any Murchison specific concerns, they have been happy to advise of possible solutions.

Tenders for two packages of Works to rectify damage from the April 2019 Flood event have been advertised. This tender includes in its scope of works the ability, with our consent, to expand the works required to include other Council related non flood damage works that can be cost effectively undertaken if required. Successful Tenderers will be announced by around mid-May.

Our Shire is currently trying to get some sort of agreement going with the Northampton Shire so that the Coolcalalaya Rd can receive a bit more maintenance closer to the farming country.

May 2020

Our May Council meeting was held at the Settlement in our more normal manner of actually in-person rather than via a telephone hook-up or computer conference as has been the case for the last few months.

I know it takes a while, but the roadworks associated with a flood damage claim relating to April 2019 heavy local rain, which damaged sections of roads, should be getting underway in the next few weeks.

Council split the overall job in half and Squires Resources (predominately East sections of the Shire) and Them Earthmoving (West) are the two contractors awarded the job.

Council has struck a partial cost recovery deal with the Northampton Shire so we will grade their section of the Coolcalalaya Road and get reimbursed our costs which is good.

Plenty of discussions regarding planning our future spending, and consequences of various cost scenarios were held as Council tried to make some sensible decisions as we put together our budget for next financial year.

June & July 2020

COVID-19 Budget Influences

State and Federal Governments are putting a fair deal of pressure on local governments to get stuck into some significant projects very quickly to try and help the overall economy by lessening the COVID related downturn that is beginning to hit home quite strongly. This encouragement is coming with the promise of some very cheap loans (interest rates around 1%) plus some not so subtle hinting that Shires that don't "do their bit" may miss out on some grants down the track.

With all this as the backdrop, Council is trying to make some sensible decisions that get a few jobs underway sooner than otherwise would have been expected, while keeping a good handle on our financial position so as not to overdo things by burdening ourselves with a large debt that sees our day to day operations suffer while it gets repaid.

I'm sure not everyone would agree but the Murchison Council actually does have a pretty reasonable record of financial management which sees us the envy of a few Councils around the region who don't enjoy such a strong position. We would like to keep it that way so that our community continues receiving the services expected from a Shire in reasonable shape.

The budget is planned to be accepted at the August Council meeting so I will outline the direction we are planning to head in my rundown following that meeting.

Staff Housing

The two new staff houses on Mulga Crescent are progressing well – the Shire has “taken over the keys” but there's plenty more work, with landscaping, retic installation and fencing still to go, and moving in is still a few months off.



Murchison GeoRegion

Council nominated Emma F-T to be our representative on the Murchison Geo-Region Tourism working group which is aiming to move things along with the appointment of a project officer.

The Murchison GeoRegion will be launched in Mt Magnet on September 18. A guidebook has been published and an app for phones will soon be live, giving visitors some guidance as they explore the region.

The long term aim is to form Australia's first Geopark and eventually a UNESCO Global Geopark – don't be put off by the term 'park', this is about creating economic benefits, not curtailing them. You can read more about geo parks here

<http://www.unesco.org/new/en/natural-sciences/environment/earth-sciences/unesco-global-geoparks/>

Local News

These past few weeks have seen the Settlement scurrying with tradies busily working on a few new projects in the community. With 2 new houses, house boundary fences removed for new ones to be erected and a footpath that gives you access to the museum from the roadhouse without getting your feet bogged in the red dirt, are the key projects for the Settlement's new facelift.



Calling for Information

Does anybody know the story behind these beautiful art pieces? They are painted on large pieces of tin that Melissa from the Shire has erected around the community garden. We would like to know the artists, when they were painted and who was involved. Please either contact the Shire office on (08) 9963 79 99 or email cpo@murchison.wa.gov.au. Thankyou!





murchison georegion

WESTERN AUSTRALIA

*Ancient lands
Brilliant skies*

The Murchison GeoRegion is Australia's first major geotourism development

The Murchison GeoRegion is launching this month!

If you see people wandering around the Shire visiting Bilung Pool, Errabiddy Bluff or the Jack Hills they might be on a geo quest!

A Murchison GeoRegion phone app will be coming out soon and if you'd like some Murchison GeoRegion brochures to show your own guests then please ask at the Shire office.

Emma F-T is Council's rep for the GeoRegion so if you have any questions or feedback about the Murchison Georegion please contact her cr.efoulkes-taylor@murchison.wa.gov.au.



murchisonshire

Ancient land, under brilliant skies



PIA Wadjarri News

Over the last term community members, school teachers and children have been quite busy at Pia Wadjarri including NAIDOC Day, Reconciliation Week, working hard in their bush tucker garden and aquaculture ponds, learning music, playing tennis and Rugby.

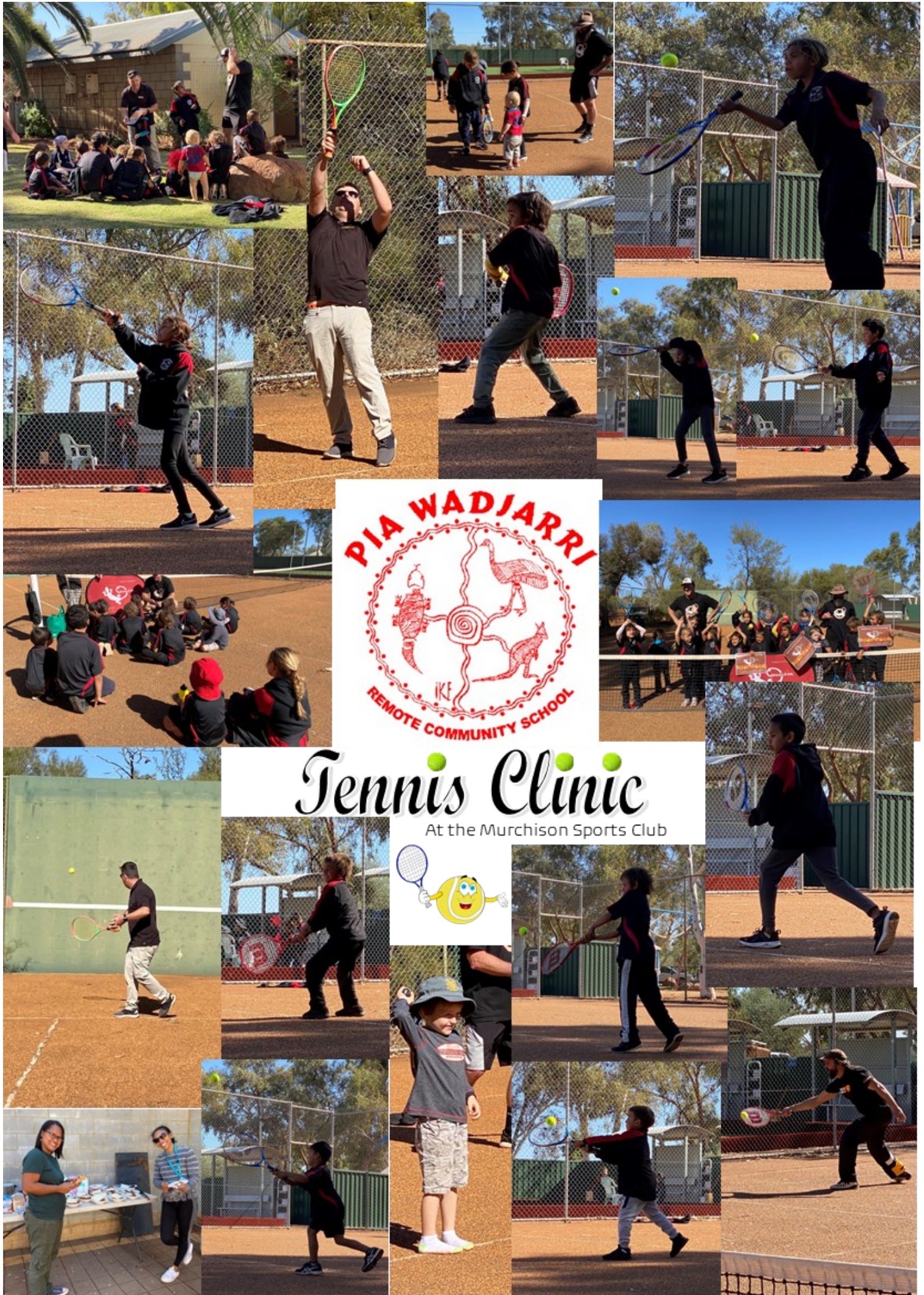
NAIDOC DAY

On the 2nd of July Community and invited guests gathered at Pia Wadjarri school for the official opening of their bush tucker garden, Nan Julie's farewell and the unveiling of the glorious statue named 'Idawarra' (also pronounced Irrawarra) by Lenny Merry. Idawarra is the Wadjarri name for Mt Murchison.

The ABC news team also attended and broadcasted a video of the day. The link to watch it is below:

<https://www.facebook.com/abcmidwestandwheatbelt/videos>

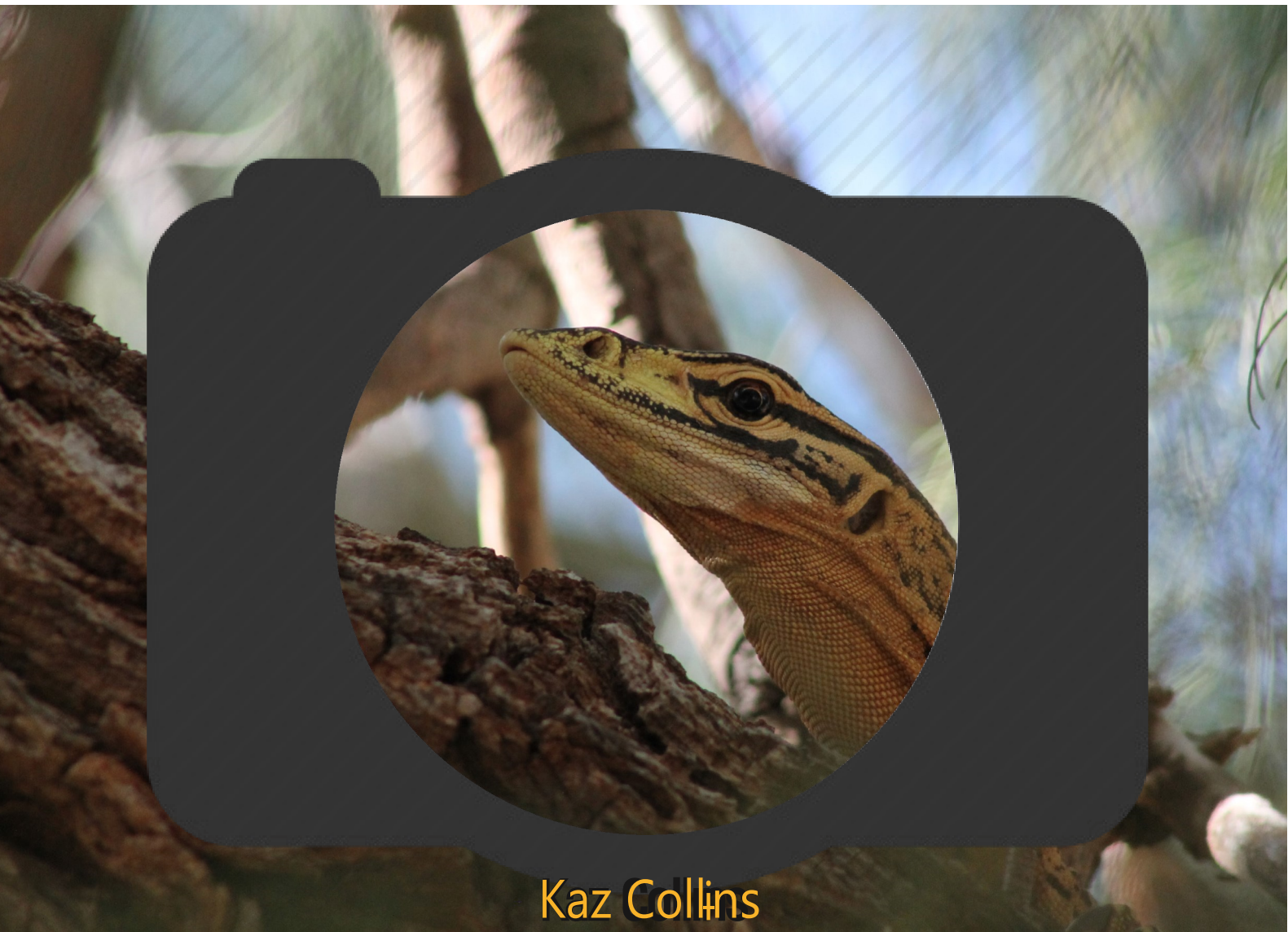




Tennis Clinic

At the Murchison Sports Club





Kaz Collins

School of the Air Photo Competition

School of the Air Photo Competition 2020 - Entries now open

This Spring, Rangelands NRM is once again running its annual photo competition for children in the regions who attend School of the Air (SOTA): Kalgoorlie, Meekatharra, Carnarvon, Port Hedland and Kimberley.

In it's tenth year, the competition aims to engage with children and their families living in the rangelands and raise their awareness of natural resource management.

In the past nine years, over 400 individual students have taken part and submitted over one thousand photos to the competition. The winning photos appear in a calendar, on our website and in Rangelands NRM publications.

The theme for 2020 is 'Living in Isolation'



ENTRIES CLOSE 5PM, FRIDAY 2 OCTOBER 2020

For more information or questions, please contact:

Carol Wallbank, Marketing & Communications Manager at Rangelands NRM
Tel: 08 9468 8250 | Mob: 0408 201 610 | Email: Carolw@rangelandswa.com.au

Competition Categories

PHOTO FIRST PRIZE OVERALL - DRONE

Regardless of age, the photo judged as being the best photo overall.

PHOTO SECOND PRIZE OVERALL - DRONE

Regardless of age, the photo judged as being the second best photo overall.

PHOTO EARLY CHILDHOOD (Kindy, Pre-school)

First, second and third prizes awarded

PHOTO LOWER PRIMARY (Years 1 and 2)

First, second and third prizes awarded

PHOTO MIDDLE PRIMARY (Years 3 and 4)

First, second and third prizes awarded

PHOTO UPPER PRIMARY (Years 5 and 6)

First, second and third prizes awarded

A certificate and small gift will be provided to all entrants

ENTRIES CLOSE 5PM, FRIDAY 2 OCTOBER 2020

CONDITIONS:

An entry from (with permission to use photo) must be filled in for each child entering the competition and signed by parents.

Photos must be taken by the child who is entering the competition.

Maximum of four photo entries per child.

Images to be submitted either via [TransferBigFiles.com](https://www.transferbigfiles.com) (just add files - no need to sign up) or by email to info@rangelandswa.com.au.

Images must be 2MB or larger - the winning entries will be used in the 2021 Calendar and thus need to be at this high resolution.

Entries will also be featured in other Rangelands NRM publications including social media.



Rangelands NRM
Western Australia

The photo competition was the idea of Rangelands NRM Landcare Coordinator Kaz Collins who was tragically killed in a car accident in July 2012. With the support of Kaz's family (the Johnson Family), the competition will be an ongoing event in memory of Kaz and her contribution to the rangelands.



Kids of the Murch

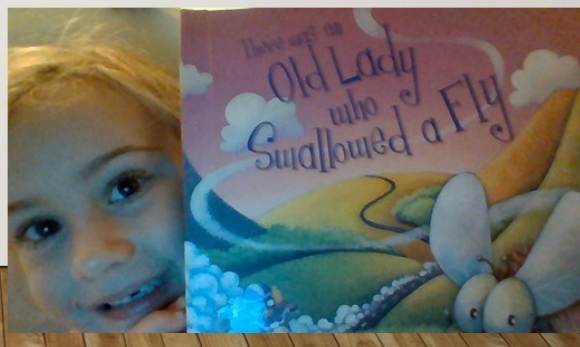
There was an Old Lady who Swallowed a fly

Eliza's Book Review

This book is about an old lady who swallows a fly. Who also swallows many other animals, like a spider, bird, cat, dog, goat, cow and a horse!!!! I like this book because it is a pop-up book and it is very funny. The old lady has to go to the hospital to have surgery because she might die!! In the end she is ok, she now only eats vegies and fruit.

This book was written by Rose Bonne and Alan Mills.

Eliza Pumpa
Murgoo Station



The Dust Storm

Out fencing that Sunday morning,
with the wind blowing in our hair.

Dad and Mum working hard,
My sister and I said, "It isn't fair!"

After a while, the wind grew stronger,

Starting to pick up all the dust,

My sister and I started

To make a real big fuss!

Dust was in my ears, hair, nose, mouth and face.

The dust and the wind

Were really starting to pick up the pace!

But the job had to be finished.

Dad and Mum were nearly done.

My sister and I couldn't wait

To get back home and have some fun!

We packed up our gear fast,

To get out of this mess,

Heading home dusty

And cold a shower would be bliss!!



Written by Bella Pumpa—Murgoo Station.

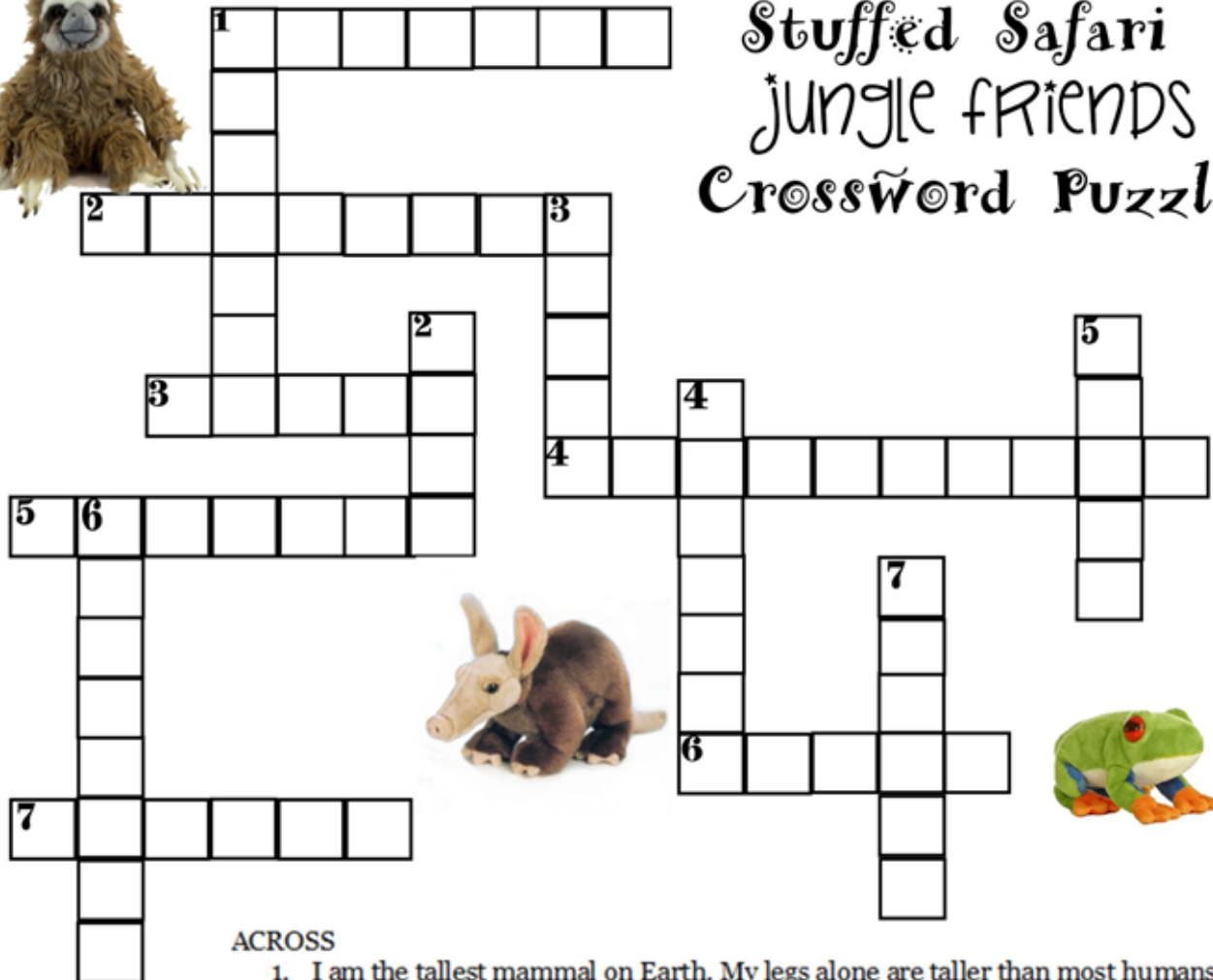
Bella received 3rd place for her poem at the Randolph Stow awards held in Geraldton on the 21st August. Well done Bella!!!!



Kidz Corner



Stuffed Safari Jungle Friends Crossword Puzzle



ACROSS

1. I am the tallest mammal on Earth. My legs alone are taller than most humans, averaging 6 feet in length
2. I never forget.
3. Native to Madagascar, I am best known for my ringed tail. I like to "Move it! Move it!"
4. I am the largest mammal next to the elephant and am best recognized by the large horns on my face.
5. I am a cousin to the domesticated farm pig and am known for being a peaceful grazer, despite my ferocious appearance.
6. You can find me in a river, a garden, a jungle, a pet store, and Genesis.
7. The jungle, a cage, or a pirate's shoulder suits me just fine.

DOWN

1. I am known for my speed and grace. I travel in large herds and am recognizable by my long horns and white underbelly.
2. I hop. I croak.
3. "It's the eye of the _____. It's the thrill of the fight."
4. Queen of the jungle.
5. I am a tree dwelling herbivore who just likes to hang out and take things slow.
6. I am the first animal to appear in the dictionary. A children's book character, Arthur, is based on my species.
7. "Happy Birthday to you. You belong in a zoo. You look like a _____ and you smell like one, too!"

















5 

[illegible]

2.  4.  4.  2.  4.  5.  7.  4.  6. 
1.  6.  7.  1.  3.  6.  7.  4.  7. 
3.  2.  4.  6.  2.  7.  3.  9.  6. 

19		7		14	
- 18		- 2		- 6	
14		11		9	
- 2		- 8		- 3	
17		18		15	
- 13		- 9		- 8	
16		20		12	
- 6		- 9		- 10	

8	12	9	2	10	6
1	7	3	11	5	4

BFO

So what is a BFO moment?

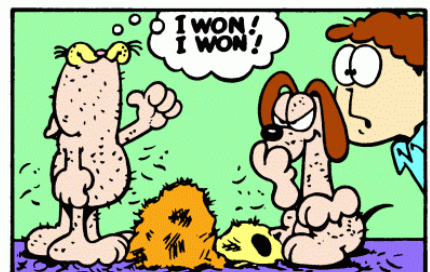
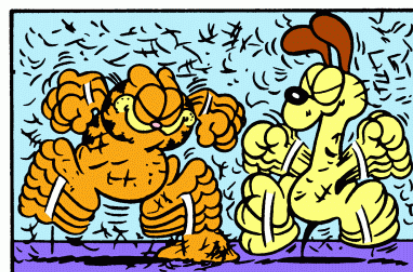
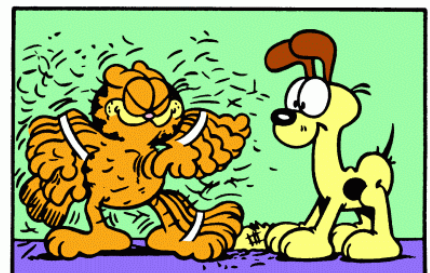
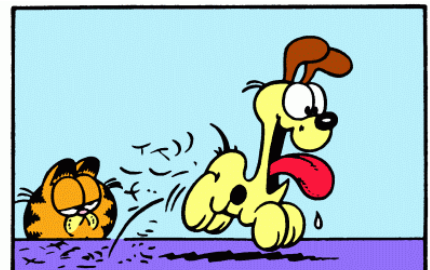
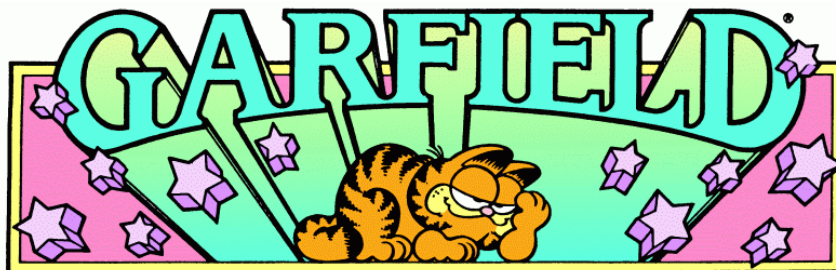
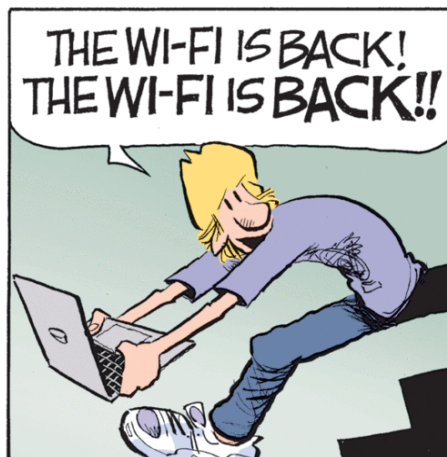
Blind Flash of the Obvious

Well perhaps like this.....



ZITS

I'm sure we can all relate



What's Blooming...

Scientific name: *Acacia ligulata*

Common name: Umbrella Bush

Family: Mimosaceae



Description

A dense shrub up to 3 metres tall, with branches that are yellow tipped. The leaves are thick, lance shaped, with tips hooked to one side. The flowerheads are deep golden balls carried in spikes at the end of the branches. The pods are long, and woody.

Uses

The seeds were crushed to make flour, but, being small, were mainly used when food source was scarce. A common host plant to witchetty grubs. A decoction of the bark, roots and green leaves was drunk to control fits of dizziness, chest ailments and small throats. However, if too much is consumed, it can cause hair to fall out. A treatment of "smoke medicine" using the bark and young shoots was used after child-birth to help with general debility and weakness, retained afterbirth and extensive bleeding.

Estelle Leyland, "Wajarri Wisdom", 2002, pp. 14, 96.



Propagation

The seeds need to be removed from the pods and scarified, which can be done using sandpaper. Soaking the seeds prior to this makes the process quicker and maybe more effective. The seeds can then be planted in well-drained, alkaline soil.

<https://www.australianplants.com/plants.aspx?id=1039>

Origin of botanical name:

Acacia: Greek word *akakia*, "thorny Egyptian tree," probably rooted in *ake*, or "thorn."

[www.vocabulary.com > dictionary > acacia](http://www.vocabulary.com/dictionary/acacia)

Ligulata: Latin word *ligula* (a little tongue) and *-atus* (provided with), presumably in reference to the shape of the phyllodes (modified leaves).

<http://worldwidewattle.com/speciesgallery/descriptions/pilbara/html/ligulata.htm>



Remove "paint smudges" from another car

Untangles silver jewelry

Cleans and lubricates guitar strings

Keeps spiders away

Removes stains from clothes and carpets

Removes mildew from refrigerator gasket

Loosen bolts and squeaky hinges

Waterproof boots and shoes

Prevent flower pots from sticking together when stacked

Keeps wooden handles splinter free

Removes floor scuff marks

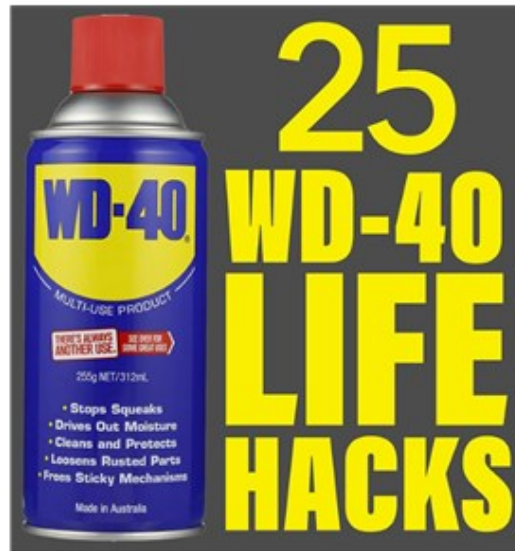
Clean the toilet

Unstick Chewing gum

Gets poo of ya shoe

Gets rid of sticky residue

Free stuck LEGO



Cleans grills and bumpers on motor vehicles

Erase crayon

Removes stains from clothes and carpet

Keep wasps from building nests

Removes anything from a glass surface

Removes oil spots from concrete driveways

Removes tight jewellery

Kill weeds

Removes paint from leather

Loosens a zipper

MURCHISON PLEASE KEEP IN TOUCH

We're here to help you

It's important to share any concerns, issues or ideas you may have to allow us to work together to find solutions as we all travel through difficult times

CONTACT US & STAY in TOUCH



Email - northwest@mp.wa.gov.au



Telephone - 99412 999



@VinceCataniaMP

Regular updates will be available via facebook & email

**Let's Stay Safe, Stay Well
& Keep our Distance...**



THE NATIONALS *for Regional WA*

21 July 2020

Applications open for key COVID-19 relief grants

Vince Catania MLA is encouraging community groups and organisations in North West Central to apply for Lotterywest grants to help rebuild and restore crucial services impacted by COVID-19.

Vince said applications for the latest round of Lotterywest funding are now open with grants aimed at supporting a wide range of not-for-profit groups and local government bodies now and into the immediate future.

"There is no denying the social cost of the coronavirus pandemic and many communities will need help to recover and rebound," he said.

"There are local artists who haven't been able to showcase their work because of the COVID-19 restrictions, sports clubs have had to remain idle and there has been a demand for emergency relief for those who have fallen on hard times, which, unfortunately, is likely to continue for some time.

"With \$159 million in total grants available in the COVID-19 Relief Fund there is the opportunity for local groups to boost resources for much-needed local projects.

"There are two streams under which applications can be made – Supporting the Most Vulnerable and Building Community – to help respond to the impacts on the individual and community wellbeing."

The Nationals WA Leader Mia Davies said the Lotterywest grants would be a boost for the community services sector, which was reeling well before the onset of the pandemic.

"Late last year 450 not-for-profit organisations launched a campaign titled Your Help WA to shine a light on the inadequate funding for the sector," she said.

"However, the demand for services as the full impact of the crisis is felt will only get greater.

"The Lotterywest grants could help those valiant organisations fund programs, like food supplies, health-related transport or mental health programs, and help those in the community who need it most during this unprecedented crisis."

More details on the Lotterywest COVID-19 Relief Fund can be found here -

<https://www.lotterywest.wa.gov.au/grants/grant-opportunities>

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Spokesperson for Industrial Relations, Transport, Tourism, Lands, Small Business

THE NATIONALS *for Regional WA*

Ginger Slice

Recipe courtesy of 'The Cook and Baker'

Base

150g plain flour
1 ½ teaspoons baking powder
1 ½ teaspoons ground ginger
75g desiccated coconut
165g rolled oats
150g light brown sugar
150g butter
70g golden syrup

Icing

290g icing sugar
1 tablespoon ground ginger
120g butter
115g golden syrup

Preheat oven to 180degC. Lightly grease and line the base and sides of an 11 x 35 x 2.5cm rectangular tin, allowing baking paper to come up the sides so that you can lift the slice out.

For the base: Sift the flour, baking powder and ginger into a medium bowl then add the coconut, oats and brown sugar. Mix well together.

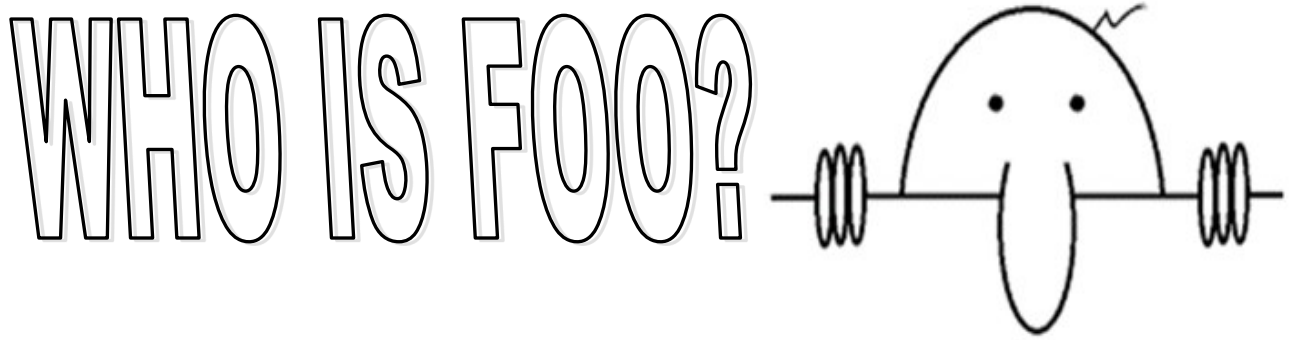
In a small saucepan melt the butter and golden syrup over low heat. Pour into the dried ingredients and mix until combined.

Press the base mixture into the prepared tin. Bake for 25-30 mins or until golden brown.

For the icing: Sift the icing sugar and ginger into a small bowl. Melt the butter and golden syrup in a small saucepan over low heat. Mix into the sugar mixture until smooth and spread evenly over the cooked base with a silicon spatula. Leave to set in the tin before cutting (overnight is good)

Cut to your preferred size and store in an airtight container.





In WW1 Foo was a mythical and mysterious little “man” who turned up nearly everywhere. (Especially where there was a bit going on)

He was shown (usually) as a little bald headed man peering over a stone wall, with the simple inscription “Foo was here”

He was chalked on the side of railway carriages, appeared in probably every camp that the first AIF served in and generally made his presence felt.

He reappeared in WW2 when the Yanks pinched the basic idea of Foo, renamed him “Kilroy” and helped spread him around the world.

Foo was not worried, he took it in good spirit and in the best traditions of good allies working together.

Unlike Foo who specialised in appearing on buildings, railway carriages and walls, Kilroy ‘peeks’ out over pockets and necklines, from behind lapels and neckties, over lamp shades and picture frames.

For a few years during and after WW2 he was ubiquitous: a doodle of a big nosed man, peering over a wall, accompanied by the inscription ‘Kilroy was here’

At the height of his popularity, Kilroy could be just about everywhere: in bathrooms and on bridges, in school cafeterias and on homework assignments.

The name ‘Kilroy’ came from an inspector at the Fore River shipyard in Baintree MA; James J Kilroy. He supposedly wrote ‘Kilroy was here’ on various parts of the ships whilst being built. After the ships were completed, these inscriptions would have been inaccessible, hence ‘Kilroy’s’ reputation for getting into impossible-to-reach locations.

So keep your eyes peeled as Foo or Kilroy will be featured in future monologues. If you see or come across him just smile!!



Trust the Signs, Trust your Gut, Ask R U OK?



Changes in sleep
patterns



Mood swings or
changes



Quiet or
withdrawn



Anxious, worried
or overwhelmed



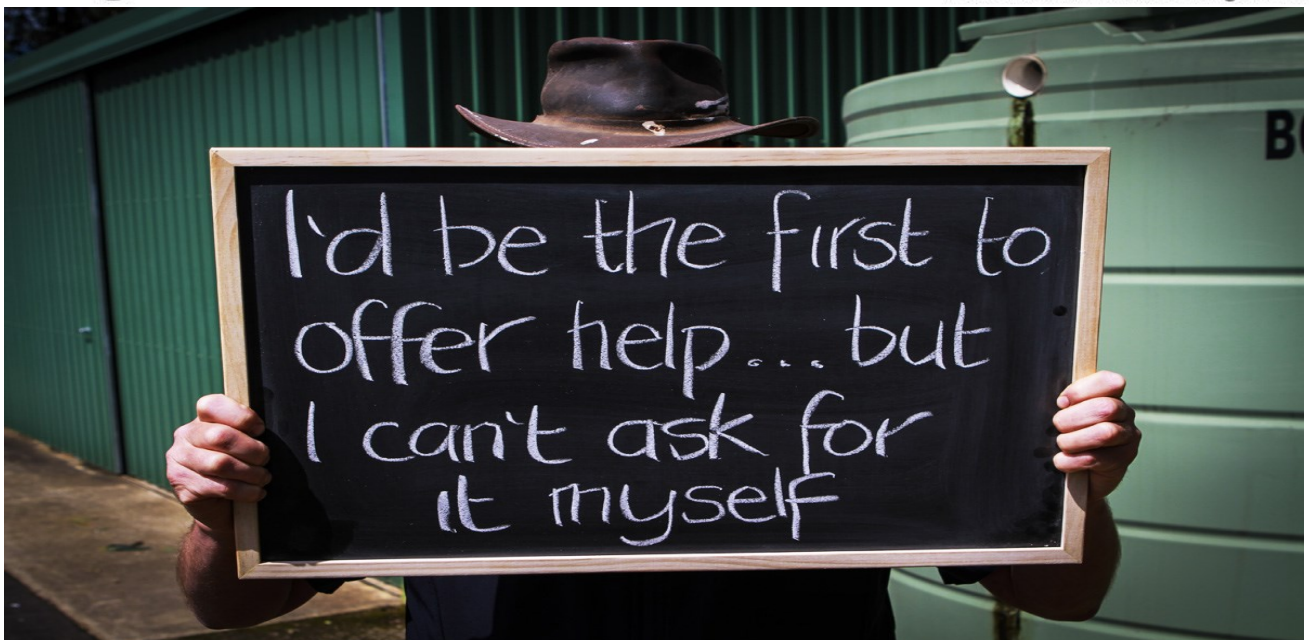
Irritable or
angry

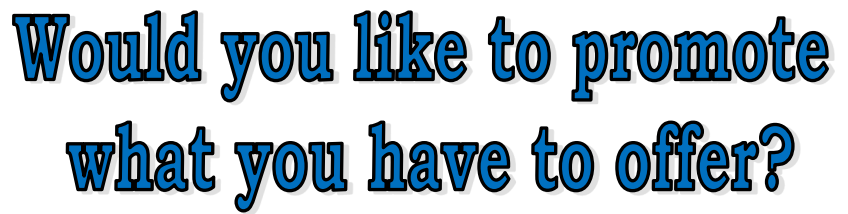


Losing interest in things
they once loved

Learn the signs and how to ask at
ruok.org.au

R U OK?[™]
A conversation could change a life.





Quarter Page - black & white or colour - \$7.50



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in praise of the "hotty"®

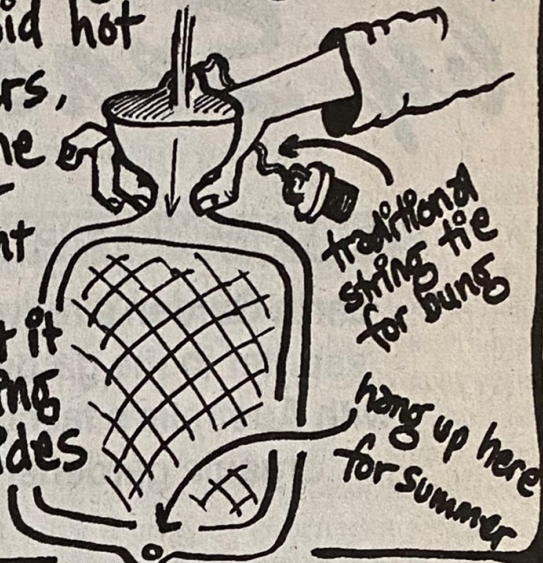
by Jill Redwood

the rubber hotty was a great improvement on hot bricks and clay water bottles

I wish someone would invent a soft hotty

CRACK!

Hotty filling is an acquired art... to avoid hot splatters, pour the water straight down without it touching the sides



traditional string tie for bung

hang up here for summer

the hotty has many advantages over other forms of heating -

- they are transportable
- they don't snore or take all the blankets



- they have an auto-control timer regulating from a high 3 setting to a comfy 1 by morning (minus the electro-magnetic radiation)

many's the time when the humble hotty has played saviour to the orphaned and infirm



Hotties inspire amazingly creative textile art...



their warm water in the morning for a quick wash



- apart from all the above, you can...
- wrap them up with a bottle of yoghurt milk for homemade yoghurt
 - tie a couple to your kid's arms when swimming (filled with air - not water!)
 - blown up - you can also use them as a back support while driving

Modern technology has not been able to improve on the simplicity, affordability or comfort of this worthy household item.

® registered Aussie slang